## 1st Kyu White Belt

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The Art of Peace is medicine for a sick world. We want to cure the world of the sickness of violence, malcontent, and discord—this is the Way of Harmony. There is evil and disorder in the world because people have forgotten that all things emanate from one source. Return to that source and leave behind all self-centered thoughts, petty desires, and anger. Those who are possessed by nothing possess everything.

- お先生 (Ueshiba Morihei Sensei)

## 1 Introduction

What is cyber 合気道? It is the Art of utilizing open-source tools to adjust your trajectory in spacetime. As in Aikido, the goal is to find a trajectory that neutralizes hostile intention while still respecting the energy of the opponents that may arise on your journey.

## 2 Dojo

To begin any martial arts training, you need to enter the dojo in the Matrix. We utilize the <a href="https://matrix.org/">https://matrix.org/</a> protocol to communicate and conduct our training lessons. To get a direct invite, message me at the contact email address I have provided in the Matrix.

- 1. Download and install Element.io.
- 2. Create a user account and save your password and backup phrase in a seucre location so you can decrypt past conversations should you ever need to login again.
- 3. Send me a message @reconmaster:matrix.org so I can invite you to the dojo.
- 4. To begin your training you may join the #emacs (https://matrix.to/#/#ki-emacs:matrix.org) and begin training with Emacs for promotion to 2nd Kyu or Red Belt.

## 3 Conclusion

If you can follow the white rabbit into the matrix and find our dojo, you can begin wearing a white belt as you're now a 1st Kyu cyber 合気道か or Aikido practioner.

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